



SUMMER term 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATES for WEEK 1:	Week commencing 25th April/16th May/13th June/4th July				
MAIN COURSE	Jacket Potato Day, served with sliced ham, tuna, beans and cheese	Chicken Korma, wholegrain rice and naan bread,	Farm assured beef or veggie burgers in a seeded bun, with oven baked wedges, beans or peas	Roast Farm assured Pork served with stuffing, roast potatoes and fresh seasonal vegetables and yorkshire puds	Fresh oven baked fish in batter, served with chips, peas or beans
VEGETARIAN		Quorn & vegetable Korma, rice and naan bread		Homemade nut roast, with seasonal veg and roast potatoes	Baked veggie bites, or quorn sausages, chips and beans or peas
VEGETABLES	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout
DESSERT	Jo's homemade dessert/cake/cookie of the day, yoghurt pot OR something from the fruit bowl				
DATES for WEEK 2:	Week commencing 2nd May/23rd May/20th June/11th July				
MAIN COURSE	Jacket Potato Day, served with sliced ham, tuna, beans and cheese	Sweet and Sour chicken, rice and prawn crackers.	Stone baked pizza margartta, with oven baked wedges, peas or beans and salad	Red Tractor sausages, with mash or new potatoes, seasonal fresh veg and gravy	Farm assured chicken fillet goujons, oven baked with chips, peas or beans
VEGETARIAN		Quorn & vegetable sweet and sour, rice and prawn crackers		Vegatable sausages, mash or new potatoes and seasonal veg.	Fishless fishfinger, chips, peas or beans. (GF, V, WF)
VEGETABLES	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout
DESSERT	Jo's homemade dessert/cake/cookie of the day, yoghurt pot OR something from the fruit bowl				
DATES for WEEK 3:	Week commencing 9th May/6th June/27th June/18th July				
MAIN COURSE	Jacket Potato Day, served with sliced ham, tuna, beans and cheese	Mild beef chilli with rice and nachos, (sour cream & homemade salsa optional)	Home made puff pastry ham and cheese turnovers, oven baked wedges, corn or beans.	Roast Farm assured chicken, potatoes, fresh seasonal veg, yorkshire pudding and stuffing	Jumbo fishfingers, oven baked with chips, peas or beans
VEGETARIAN		Mild quorn chilli with rice and nachos	Cheese and herb puff pastry turnover, wedges, peas or beans	Stuffed roasted peppers with couscous	Quorn sausages, chips, peas or beans
VEGETABLES	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout	Carrot sticks, tomatoes, sliced pepper, cucumber and mangetout
DESSERT	Jo's homemade dessert/cake/cookie of the day, yoghurt pot OR something from the fruit bowl				
	All main-course and vegetarian dishes come with a choice of homemade dessert (made with reduced sugar), low fat yoghurt or fresh fruit. All meals come with carrot and cucumber sticks plus cherry tomatoes. Jacket potatoes are available daily and are served with reduced salt/sugar baked beans and/or cheese. We are committed to providing a meal, where possible to all pupils regardless of food allergies or intolerances.				
	Farm Assured Meat		MCS Approved		Fresh Fruit Dessert